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# LUNCH - SUMMER

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At Nutmegs we are proud to produce all things on this menu made in house daily, its our passion to present food by our dedicated chefs, were also excited to source all our fresh produce locally from our Nutmegs Patisserie Gardens - Dippy Egg Free Range Farm - Hales & Moore Fishmongers - Just Cutts Butchers - Mrs Sourdough Bakery - Micro Herbs - Drury Tea & Coffee

## FLATBREADS - 9.65

- FRESHLY MADE FLATBREADS IN-HOUSE -

**CHERMOULA** - CORIANDER PARSLEY LEMON CHICKEN - HOMEMADE HUMMUS - PICKLED RED ONION - MEDITERRANEAN SALAD

**CAPRESE** - MIXED CHERRY TOMS - SUN-DRIED TOMATOES - PESTO - MOZZARELLA BALSAMIC GLAZE

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## CRAB CAKES - 9.60

HOMEMADE CRAB CAKES - AIOLI - SAMPHIRE - SALAD

## CHICKEN CAESAR SALAD - 9.55

(GF\*)

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## SIDES

**POTATOES** - Small 1.95 / Large 3.50

SEA SALT & KAMPOT SAMPHIRE

TRUFFLE & PARMESAN - TRUFFLE MAYO

HERBS & SPICES - AIOLI

**GRILLED HONEY HALLOUMI** - 3.20 (GF)

GF - Gluten-Free

VG - Vegan

GF\* - Gluten-Free Alternative Available

VG\* - Vegan Alternative Available

**Please Ask About Allergens**

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### PLATTERS - 12.45

- SELECTION BOARD -

**PLOUGHMAN'S** - GAMMON - APPLEWOOD CHEDDAR - BRIE - SAUSAGE ROLL -  
HOMEMADE CHUTNEY - PICKLED ONION - BREAD - SALAD - COLESLAW (GF\*)

**FISHERMAN'S** - PRAWNS - SMOKED SALMON - MACKEREL PATE - FISH GOUJONS -  
HOMEMADE TARTARE SAUCE - BREAD - SALAD - COLESLAW (GF\*)

**MEDITERRANEAN** - HALLOUMI - CURED MEATS - HUMMUS - OLIVES - SUN DRIED  
TOMATOES - FETA PEPPERS - BREAD - SALAD - COLESLAW (GF\*)

### GRILLED SANDWICH - 9.50

- ALSO AVAILABLE AS A SALAD -

**STEAK** - SAUTÉED ONION - MUSHROOM - LETTUCE - TOMATO - MAYO (GF\*)

**CHICKEN** - PANCETTA - AVOCADO - LETTUCE - TOMATO - MAYO (GF\*)

**HOMEMADE FISH FINGER GOUJON** - TARTARE - ROCKET (GF\*)

+CRISPY POTS - 1.90

### NUTMEGS BAGELS - 7.95

- FRESHLY MADE SEEDED & BAKED IN-HOUSE -

**HALLOUMI** - AVOCADO - CHILLI JAM

**SMOKED SALMON** - CREAM CHEESE

**VEGAN BAGEL** - HOMEMADE HUMMUS - PEPPER - COURGETTE (VG)

### QUICHE OF THE DAY - 8.95

SALAD - COLESLAW

+CRISPY POTS - 1.90

### HALLOUMI AND SHROOMS - 8.65 (GF\*)

THYME & GARLIC MUSHROOM - HALLOUMI - AVOCADO - SOURDOUGH - CHILLI  
JAM

### GRILLED OREGANO TOMS AND SHROOMS - 8.65

OREGANO SLICED TOMS - THYME & GARLIC MUSHROOM - AVOCADO - CHILLI  
FLAKES - SOURDOUGH - CHILLI JAM (GF\*, VG)

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