

LUNCH



MENU

~HOMEMADE SEEDED BAGELS~

Our newest addition to the Nutmegs menu, we make these bagels fresh, with a good chew and nice malt flavour. Served with a salad garnish. (Contains Sesame)

- Salmon & Cream Cheese - £5.50
- Posh Fish Finger, Our Tartare sauce & Rocket - £6
- Pancetta, Rocket, Tomatoes & Mayo - £5.30
- Avocado, Halloumi & Chilli Jam - £5.30
- Cream Cheese & lightly pickle Red Onion - £4.60
- Vegan. Avocado, Red Pepper, Courgette & Sun-dried Tomato Mayo - £5.00

~FLATBREADS~

We make our flatbreads by hand, taking inspiration from the Mediterranean.

Lemon & oregano chicken with sumac yogurt, fresh Greek salad, wrapped in our handmade flatbread - £7.85

Griddled courgette, red pepper & onions, hummus, avocado with fresh Greek salad - £7.25

~PLATTERS~

Ploughman's - £9.75 (Just Cutts Butchers)

Thick slice of home cook ham served with a fresh crusty roll, cheddar cheese & Brie with chutney, pickled onion, homemade coleslaw and garden salad.

Mediterranean - £9.95

Parma ham, salami, chorizo, grilled halloumi, hummus, olives, stuffed peppers, sun dried tomatoes, homemade coleslaw and garden salad, served with olive bread.

Fishermen's - £10.75 (Hales & Moore Fishmongers)

Our homemade mackerel pate and fish goujons, prawns smoked salmon, our unique tartare sauce & coleslaw with garden salad and crusty bread.

~GRILLED SANDWICHES~

Served on white or seeded whole meal, with side salad and coleslaw.

Grilled Chicken- *Grilled chicken breast, smashed avocado, toms, lettuce, pancetta & mayo.*

(Make it a salad) - £7.55

Steak- *Grilled Steak, topped with caramelised onion, lettuce, toms, mushrooms & mayo.*

(Make it a salad) - £7.95

~QUICHE~

A Homemade Quiche Of The Day, served with side salad and our coleslaw.

Please ask for flavour of the day - £7.45